Goals

Goals are really nothing more than thoughts about how we want things to be attached to a timetable for achieving them. But what do we do when we don't hit our goals? The honest truth is, sooner or later, consistently missing goals is what stops people on the path to their dreams.

When we don't hit goals, it's for one of three reasons:

It Wasn't Your Goal: You never owned it. You liked *the idea* of the goal but lacked the emotional buy-in required to see it through to the completion phase. These are sometimes other people's goals for us which we try to adopt as our own.

The Skills Aren't Developed: Many goals are really *just wishes*. They are fantasy where we envision ourselves or our team creating outcomes which our skill sets don't allow us to achieve. Our goals *must be* congruent with our skill sets. When they are not, we have two choices, reduce our goals or grow our skill set.

Delusion: The gap between what we believe it should take and what it actually takes. Many people believe accomplishing their goals will be easier and take less time than it actually will. They believe this because they lack the *ability to accurately assess* Cause and Effect.

**Write down the three most recent goals that you've had that were failures,
then identify why you didn't achieve them. Was it not your goal?
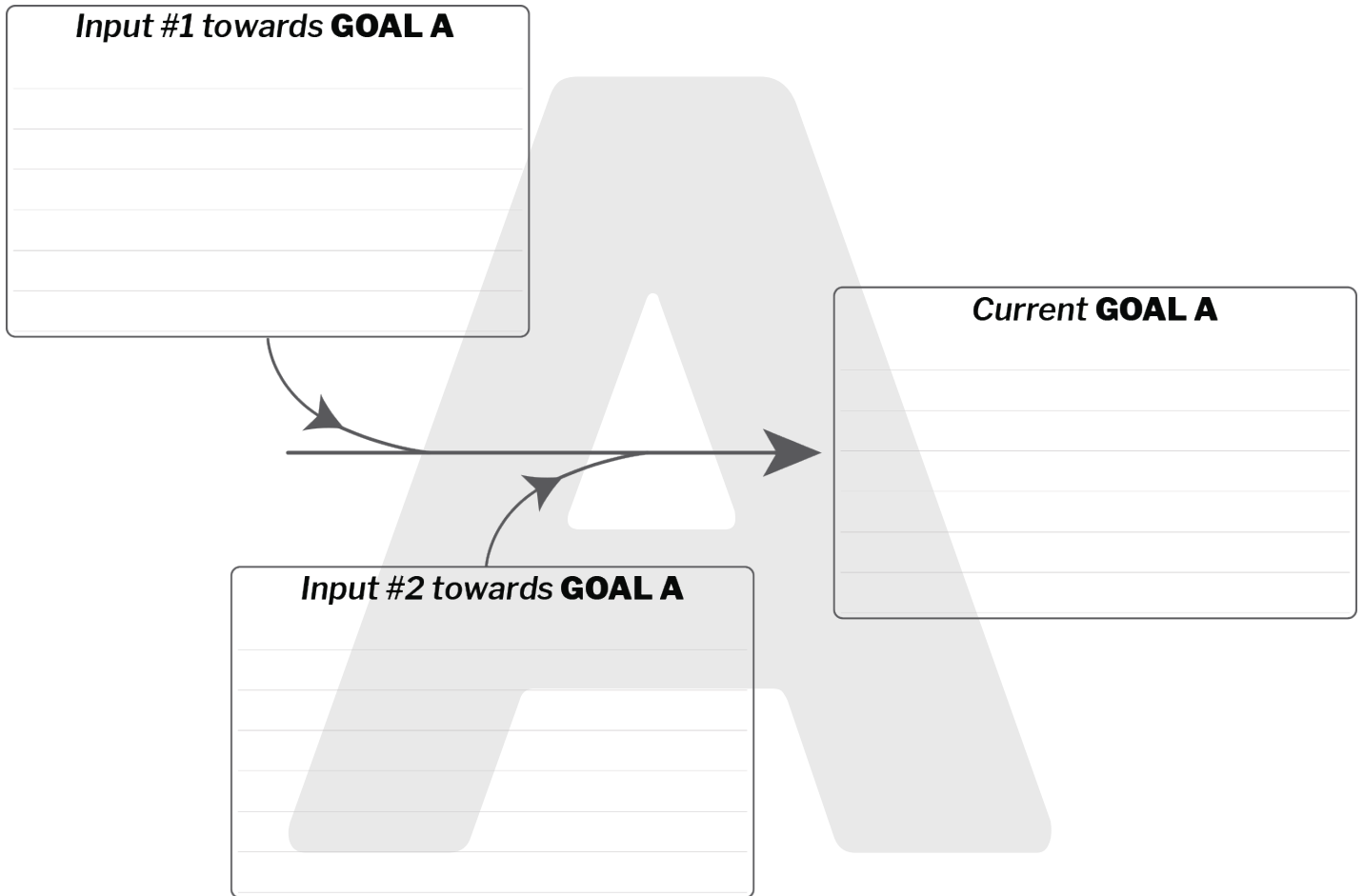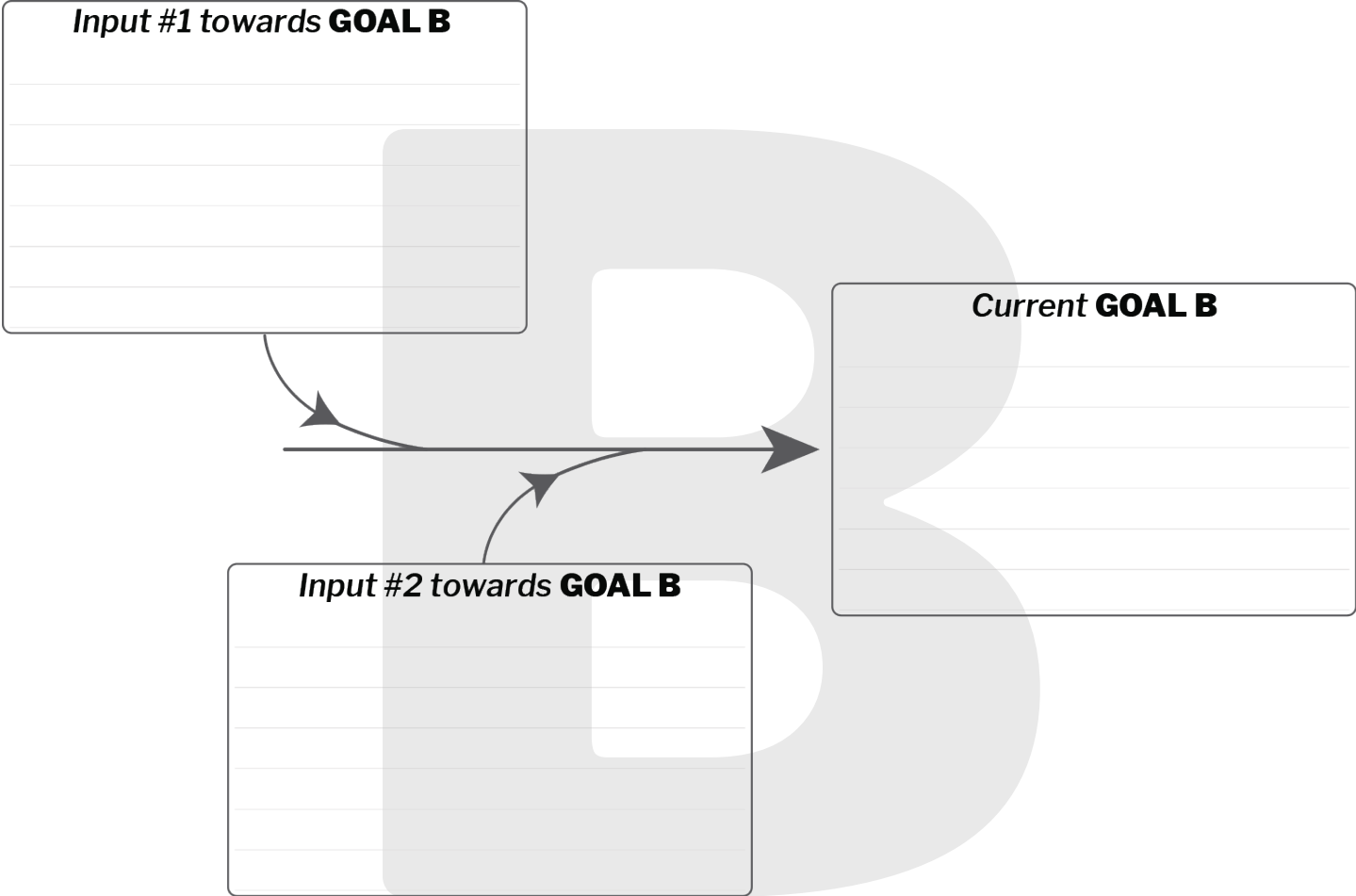Were your skills undeveloped? Or were you delusional?**

1. _____

   _____

   _____

2. _____

   _____

   _____

3. _____

   _____

   _____

List three **Current Goals** that you have, and then list two input goals for each of those three goals. These "**Input Goals**" are things that if you do them, achieving the goal is the end result.
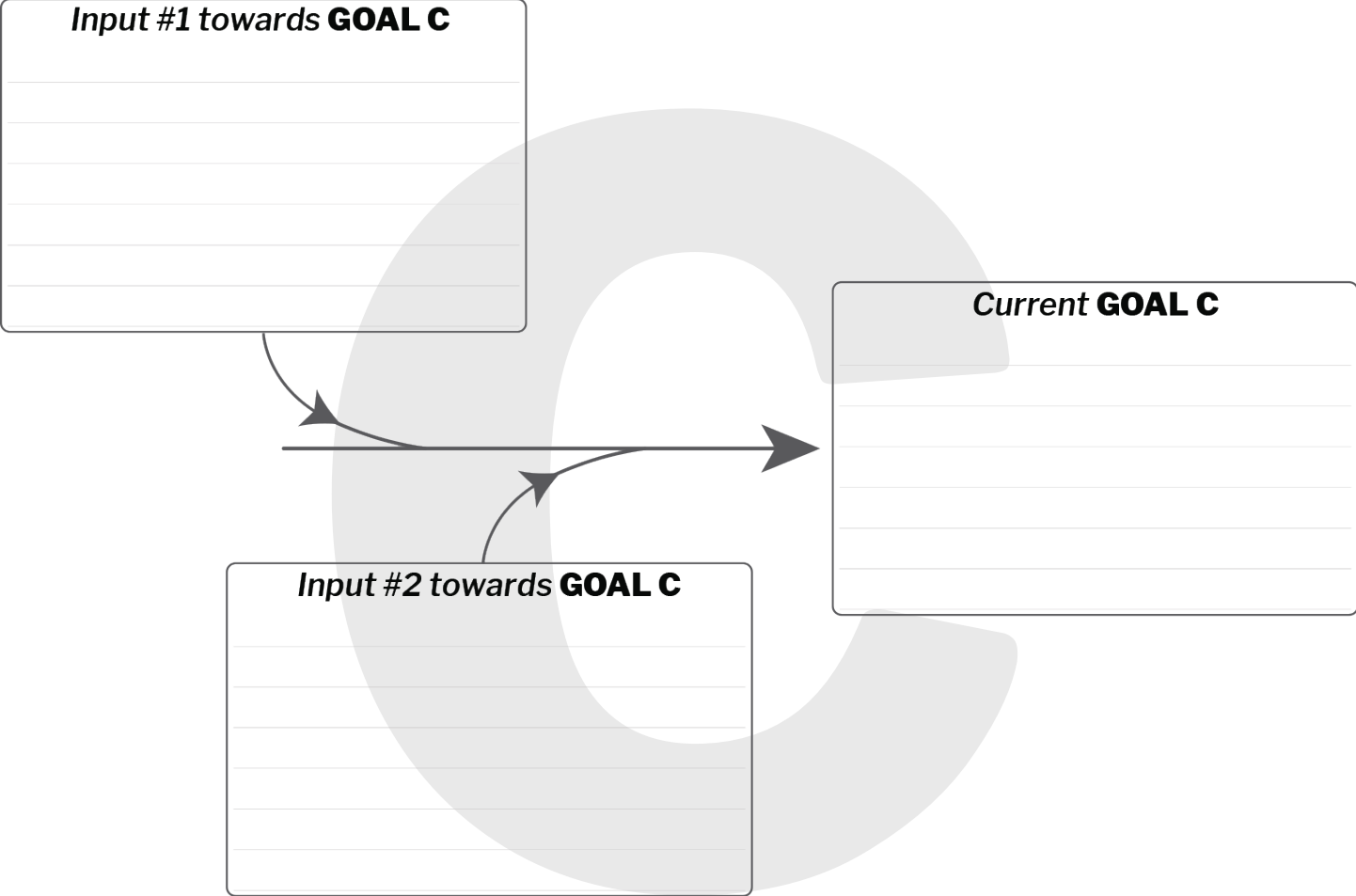
Input #1 towards **GOAL A**

Current **GOAL A**

Input #2 towards **GOAL A**

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Input #1 towards **GOAL B**

Current **GOAL B**

Input #2 towards **GOAL B**

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Input #1 towards **GOAL C**

Current **GOAL C**

Input #2 towards **GOAL C**

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"Shoot for the moon. Even if you miss, you'll land among the stars."
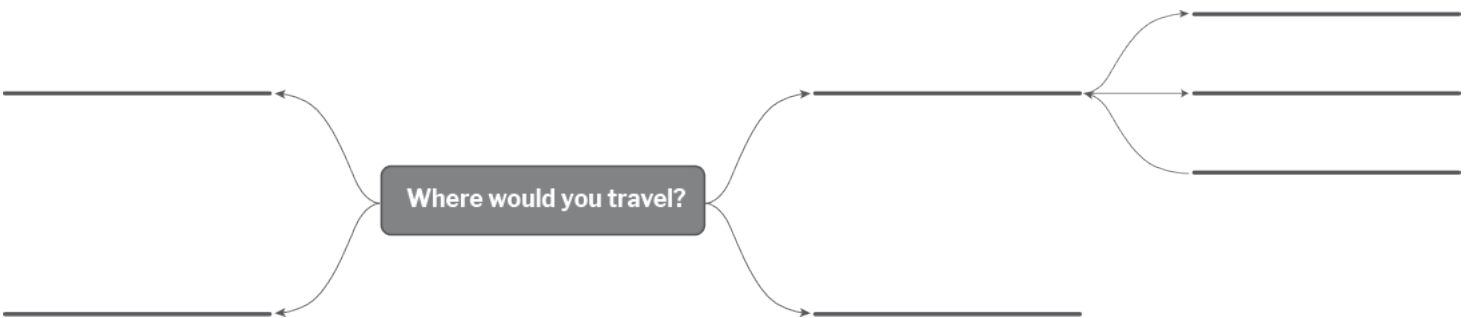Les Brown

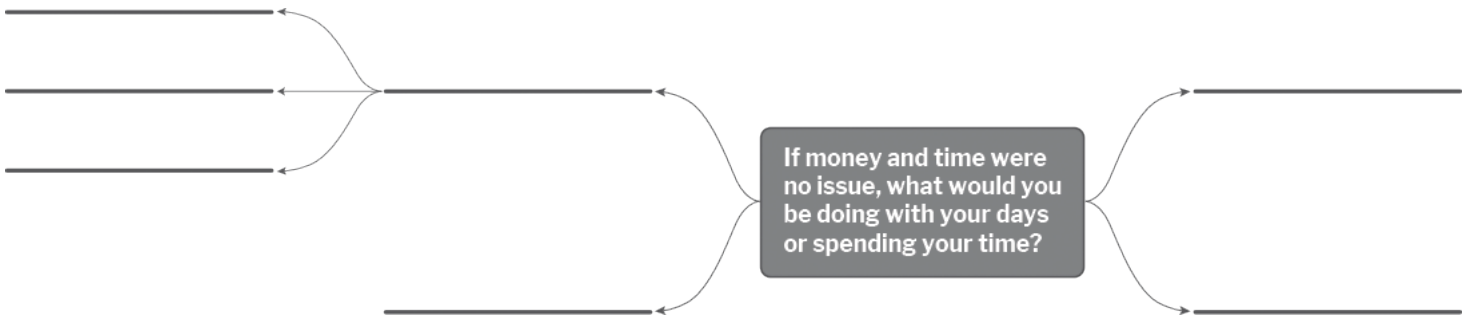**Struggling On Setting Goals?**
Setting a **BHAG** (Big Hairy Audacious Goal) and missing it is better than not setting a goal at all!

"It is better to aim high and miss than to aim low and hit."
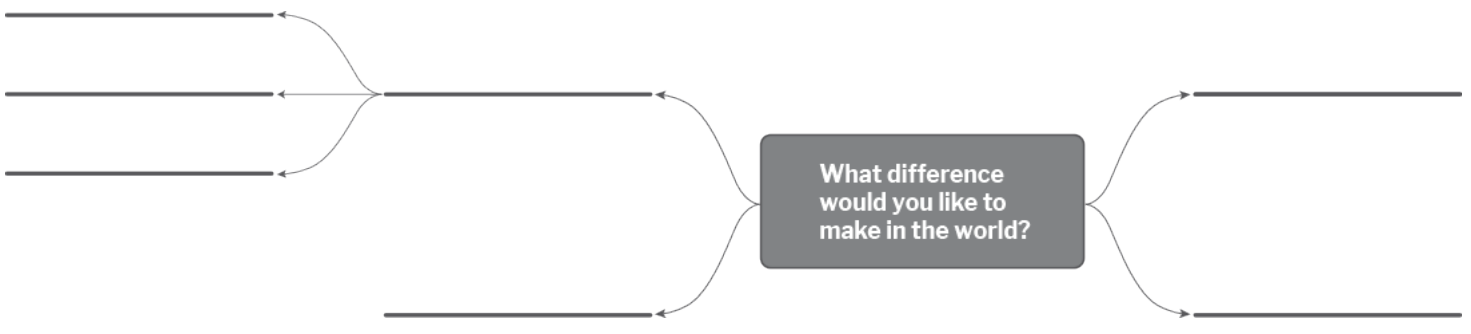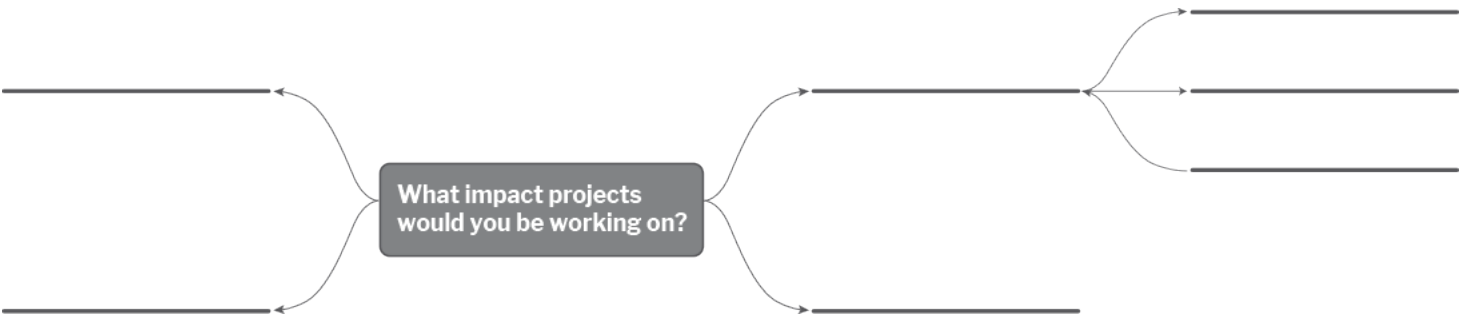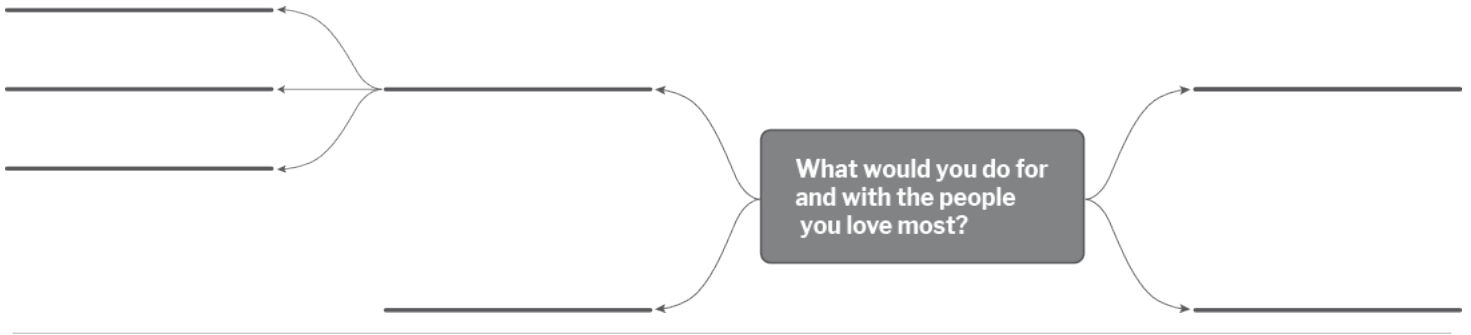~ *Les Brown*

We are thinking all the time anyways, why not guide our thinking in the direction we want to take our lives and **THINK BIG**!

Stop for a second and think about what you REALLY WANT.

Spend time reviewing your wants, writing them, visualizing them, and then use the diagrams below to brain storm your ideas adding as many lines as you need.

If money and time were no issue, what would you be doing with your days or spending your time?

Where would you travel?

What would you do for and with the people you love most?

What impact projects would you be working on?

What difference would you like to make in the world?

Now, **THINK** on those things. Spend time *reviewing* them, *writing* them, *visualizing* them. Your thoughts *start the BY·PROD·UCT reaction* in your life. The *higher the quality* of the thought, the higher the *quality of the outcome*!

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